

Battlefield Acupuncture in St. Louis:

St. Louis and Chicago Energy Medicine Conferences

By Simon Yu, MD

Unknown to most medical communities in St. Louis, the American Academy of Medical Acupuncture (AAMA) held their annual conference in St. Louis in April 2015. Several hundred medical doctors from around the world with all different medical specialties attended the conference.

The theme of the conference was: "Medical Acupuncture. Ancient Roots. Modern Applications." There were over 20 plus speakers who covered broad topics. One of the most interesting topics was "Battlefield Acupuncture" by Richard Niemtow, MD, Ph.D., MPH, retired Air Force Colonel, radiation oncologist, and acupuncturist. His lecture alone made the conference worthwhile to attend.

Battlefield Acupuncture is a catch name. It certainly drew my attention since I'm a retired US Army medical officer. Despite its name, it's not designed to replace standard acute medical care in the battle field nor substitute for traditional acupuncture.

However, Battlefield Acupuncture is an easy to learn and simplified ear acupuncture developed by Colonel Niemtow to train medics and medical teams to temporarily relieve pain. It is useful as self-care, or buddy care, in the battlefield when medical care is not available or pain medication may not be advisable while assisting in and completing a military mission.

Most people may know acupuncture as an ancient medical system from China. It can be used for pain relief as well as for a quite extensive array of internal medical disorders, post operation analgesia, addictions, ob-gyn, and neurological and psychological disorders.

Acupuncture, used to balance the meridian matrix system through the use of needles or other means, is one of the earliest forms of practicing Energy Medicine along with Ayurveda medicine from India. However, ancient civilizations never separated energy and matter as separate entities but rather regarded them as a whole, Universal Field. On the hand, Albert Einstein finally unified energy and matter in modern physics with his famous equation, $E=MC^2$.

Would you like to learn more about Energy Medicine? A good starting point is to learn Acupuncture by joining the AAMA (American Academy of Medical Acupuncture). There are many new emerging Energy Medicine conferences from many different medical and healing disciplines. I would like to introduce you to two upcoming Energy Medicine conferences, one in Chicago and one in St. Louis during the second half of 2015.

The first exciting Energy Medicine conference is being held in St. Louis, MO. The 9th Biannual St. Louis International Alternative Medicine Conference will be held on September 11-13th, 2015 at the Frontenac Hilton Hotel. This conference is sponsored by the Gateway Foundation for Applied Science for Alternative Medicine, and my Prevention and Healing Clinic in St. Louis. The theme of the conference is, *Curing the Incurables: Fibromyalgia, Chronic Fatigue Syndrome, Lyme disease, Autism Spectrum Disorders, Cancer ...*

Notable speakers include Dietrich Klinghardt, MD, Ph.D., Marguerite Lane, ND from Australia, Daniel Beilin, OMD, Hal Blatman, MD., Robert Cass, ND, Charles Crist, MD., Todd Frisch, DC, Gary Gordon, MD., Michael Gurevich, MD., Paul Johnson, M. of Divinity, Jeremy Kaslow, MD., Young Ko, Ph.D., Mark McClure, DMD, Mike Rehme, DDS, Rev. Phyllis Sparks, and myself, Simon Yu, MD.

The other exciting Energy Medicine conference is the International College of Integrative Medicine (ICIM) 60th Congress in Chicago, IL on the Magnificent Mile from October 29-November 1, 2015. The conference is being held in a historic setting at the old Murphy auditorium of the American College of Surgeons (ACS). I have the opportunity and honor to be the program chair for the conference.

The theme of the conference is, *Energy and Medicine: Paradox and Controversy*. Certainly, any medical professionals who are interested in the Science of Energy Medicine are invited to explore more on this topic. Throughout the meeting, we will use cancer as a lens to closely examine how the energy system works and how to readily apply the latest science in your practice.

The many prominent speakers include James Oschman, Ph.D., author of *Energy Medicine* book, Peter Pederson, Ph.D. from Johns Hopkins University School of Medicine with Young Ko, Ph.D., Thomas Seyfried, Ph.D. from Boston College, William Pawluk, MD., Lee Cowden, MD., Jerry Tennant, MD., Carolyn McMakin, DC., Magda Havas, Ph.D., Paul Peirsel, MD., Gary Gordon, MD., Lee Wooley, DNM, Michael Rehme, DDS and Diane Meyers, DDS., Donald Braun, Ph.D., Emil Schandle, Ph.D., MD., Steven Fry, MD., Silvia Binder, ND, Ph.D., Bruce Shelton, MD, and myself, Simon Yu, MD.

These St. Louis and Chicago Energy Medicine Conferences cover the cutting edge of science based Alternative and Integrative Medicine. These conferences are individually unique and cover the broader spectrum of Energy Medicine. I highly recommend you and my colleagues to investigate both conferences to give you a jump start for the future of medicine: Energy Medicine for Curing the Incurable by Measuring the Immeasurable.

Spread the word by letting your doctors know about these important alternative/integrative medical conferences. Spread these important messages to reach out globally. Use your social media contacts to spread the word as well.

The ICIM Chicago conference provides CME (Continuing Medical Education) credits. Their contact phone number is 419-358-0273 or do a Google search for ICIM (International College of Integrative Medicine) 60th Congress in Chicago.

For the St. Louis Conference, go to my website, preventionandhealing.com and click on Alternative Medicine Conference. There will be no CME but we are more free to talk without restriction. Dr. Dietrich Klinghardt will lead the way and co-speakers will push ideas you may never have heard about.

I hope to see you in St. Louis and to meet you again in Chicago! Imagine the cities of St. Louis and Chicago are in the same battlefield, competing and spreading the message: Curing the Incurables and Energy and Medicine. Let these conferences be known, not unknown, to medical communities around the world. Be ready for the controversy and paradox.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles on alternative medicine as well as patient success stories, and Dr. Yu's revolutionary health book, *Accidental Cure: Extraordinary Medicine for Extraordinary Patients*, visit his website at www.PreventionAndHealing.com or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly presentation and discussion by Dr. Yu on Alternative Medicine at his office on the second Tuesday each month at 6:30 pm. Call to verify the date. Seating is limited, arrive early. Also, on the third Tuesday, we welcome you to attend our Free Monthly Prevention and Healing Support Group to support your healing process. See details on our website.



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