

# Double Helix Stable Cluster Water: The Theoretical Physicist on Water for Healing

By Simon Yu, MD

The Second International Water and Health Symposium was held at California Institute of Technology (Cal Tech) on Jan 31-Feb 1, 2013 in Pasadena, California. I want to share some of my experiences from the symposium. Many distinguished academic professors and medical clinicians from around the world attended. They heard the presentation by the prominent theoretical physicist, Shun Yin Lo, Ph.D., on his new discovery of stable cluster water and its healing property.

Water has three distinct phases of its physical property, as vapor, liquid, and solid (ice). However, during the transition phases, there is an anomaly state of this physical property called clustered high density and low density water. Dr. Lo was able to mathematically predict the formation of stable cluster water at an ultra-super diluted state and proved it with Atomic Force Microscopy. The stable cluster water is a new solid phase of water that does not melt at standard temperature and pressure.

Of all the Stable Water Clusters, the ones that produce a double helix formation are investigated most as related to health. Throughout the symposium, speakers were presenting not only academic aspects of anomalous stable cluster water, but many clinicians also discussed health benefits from using Double Helix water for chronic diseases such as diabetes, arthritis, Lyme disease, cancer, and especially for autism.

Dr. Lo thinks the double helix water (DHW) works like a needle in acupuncture. It enables healthy energy (Qi) to flow better and stimulate an intrinsic self-healing mechanism of the body. He was demonstrating with Far-infrared Thermal imaging pre and post using DHW. DHW can improve people's health no matter their state.

As a theoretical physicist, he is making a bold assumption that meridians are made of Structured Clustered Water with help of Quantum Field Theory and modeled after Heisenberg's theory and Debye-Huckel equation. The mechanism of the DHW is promoting self-healing by influencing the systems (such as, the immune system), organs, tissues, cell, molecules, atoms, and charges at the photon level.

I really liked the idea of a theoretical physicist who can make a bold assumption. I always thought that theoretical physicists come up with weird ideas like Big Bang theory and String theory while they are drinking beer in the pub. But, Dr. Lo's idea is applying theoretical physics directly to a living system with water, more specifically, double helix water.

Professor Nisson from Sweden, currently on the faculty at Stanford University, spoke about X-ray spectroscopy on the mystery of water and hydrogen bonding in low and high density water. I am not sure I was in a trance or dosed off but he covered ion solvation and hydrophobic interactions using X-ray spectroscopy.

Another interesting speaker was Mae-Wan Ho, Ph.D. biochemist/population geneticist, author of a pioneering work on the physics of organisms and sustainable systems, *The Rainbow and the Worm*. She claims living water aligned by collagen fibers fulfill all the criteria for proton super-conduction, making them excellent candidates as meridians of traditional Chinese medicine. She used physicist's terms to describe living water like Quantum Coherent water, Quantum Field, Coherent Quantum Electrodynamics in living water. Who can dispute her? She sounded like another theoretical physicist describing biological systems at the atomic and sub-atomic level.

Bioengineering Professor Gerald Pollack from University of Washington spoke on "The secret Life of Water:  $E=H_2O$ ." His lecture covered Exclusion Zone (EZ) solid non-polar fourth phase of water. EZ phenomenon occurs in everyday life and includes cloud formation, building a sandcastle, low friction

during ice skating, as well as biological applications such as why a joint does not squeak, injury induced swelling, and blood flow dynamics.

There was a group discussion at the end of the two day conference on how to spread this healing property of double helix water. One member of the audience identified herself as a medical ethicist from the State of California. She was threatening the whole group with the warning that if the group does not conduct themselves ethically to promote double helix water, she is there to cut their throats!

It was amazing to hear a so-called wholesome ethicist abuse her power as a bureaucrat by threatening to “cut your throat” when we were there discussing how to help people! I’m sure this is not only in California. It certainly dampened the spirit of the conference.

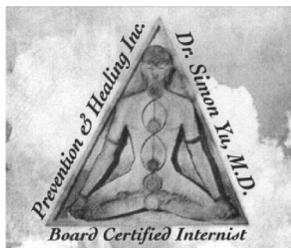
Overall, I was excited to learn about the potential with this double helix stable cluster water and I am eager to try it out on my patients. I was also quite impressed with theoretical physicist Dr. Lo who came up with this bold assumption and is tackling the health field based on physics. What modern medicine seems to need are more theoretical medical doctors who understand bio-physics.

I told my wife, from now on, I am going to be a theoretical Internist. Theoretically, double helix water might explain meridians, principle of homeopathy, and spontaneous healing as predicted by Dr. Lo. My wife was impressed with the theoretical physicist but not with this theoretical Internist.

What matters the most is how to apply this double helix water based on good science so that I don’t have to use as much vitamins, minerals or parasite medications to promote self- healing, spontaneous healing, or accidental cure.

Double Helix Water, if all the claims are true, can be a true game changer with a paradigm shift in medicine or it might be easily discredited by another powerful influential organization. Investigate Double Helix Water for yourself and spread this important information!

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles and information about alternative medicine as well as patient success stories, and Dr. Yu’s revolutionary health book *Accidental Cure: Extraordinary Medicine for Extraordinary Patients*, visit his web site at [www.PreventionAndHealing.com](http://www.PreventionAndHealing.com) or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly presentation and discussion by Dr. Yu on Alternative Medicine at his office on the second Tuesday each month at 6:30 pm. Call to verify the date. Seating is limited, arrive early.



**Simon Yu, M.D.**

**Prevention and Healing, Inc.**

**10908 Schuetz Road**

**St. Louis, MO 63146**

**314-432-7802**

**[www.preventionandhealing.com](http://www.preventionandhealing.com)**

***Weaving Internal  
Medicine with  
Alternative Medicine  
to Use the Best Each  
Has to Offer***