

Environmental Toxic Chemicals and Mysterious Illness: A Tale of Two Leukemia Patients

By Simon Yu, MD

Synthetic petro-chemical production has been exploding since the 1940's, along with an epidemic rise in chronic illnesses with a multitude of symptoms including fatigue, memory loss, anxiety/depression, brain fog, allergies, food intolerance, body aches and other undiagnosed mysterious illnesses. There has also been a steady rise in allergies, asthma, Alzheimer's, chronic fatigue/fibromyalgia, diabetes, obesity and cancer.

The most common sources of toxic chemicals is right in our house, school, hospital or workplace in the building itself. You may not know but the building may have been sprayed with insecticides, cleaning agents, rodenticides, and fungicides, and be spurting volatile chemical compounds from the carpet and plastic materials. Also from synthetic clothes, soap, body and hair care and packing materials, etc.

Recently, I saw a 58 year old man, a construction contractor with newly diagnosed Parkinson's disease who was on medication to control his tremors and stiffness. His dominant problems were coming from the dental and allergy/immunology points based on acupuncture meridian assessment (AMA), with a high index of suspicion for environmental toxins. His urine test for toxic chemicals showed extremely high MTBE, ethylene oxide, bromopropane and propylene oxide. The cause of his Parkinson's-like tremors was from toxic chemicals; he was diagnosed with Parkinson's disease based on his symptoms.

I have been routinely checking for heavy metals like lead, mercury, cadmium, aluminum, nickel, tin, and tungsten, and treat these patients with chelation therapy, nutritional support and a general cleansing program. Many people respond to the program but some of the sickest people do not respond until you get the environmental toxic chemicals out.

About four years ago, I saw two physicians with same diagnosis called chronic lymphocytic leukemia (CLL), one from Florida and one from La La Land. I focus on uncovering underlying problems, not diagnosis. Most of the treatment plans are similar. Get rid of parasites and fungal problems, correct any dental problems, check for heavy metals and start chelation therapy based on which toxic metals are the dominant problem. Put patients on nutritional support based on hair mineral analysis, food allergy testing and blood type diet. Dealing with dental-related medical problems is the most difficult area to convince my patients to act.

These two physicians were open to alternative/complementary medicine and highly motivated to follow my recommendations and instructions. The physician from La La Land responded like a classic La La Land story and not only had his leukemia resolved - his severe psoriasis, diabetes and hypertension were also resolved. I have not seen him for the last two years, but he said all is fine. It is hard to convince a busy physician to come back for a routine follow-up checkup.

On the other hand, to my disappointment, the physician from Florida did not respond to my therapies. His blood counts were fluctuating but kept going up. He thought his pulsed electro-magnetic field (PEMF) therapy made the situation worse by stimulating the bone marrow, and stopped PEMF. But, his blood counts continue to rise despite intense nutritional and IV therapies, and reached a critical level of over 600,000 WBC (white blood cells). The normal range is 3,400 to 10,800 WBC.

He had emergency plasmapheresis by a hematologist in Florida and took an experimental, expensive drug, Ibrutinib, per his oncologist, and stopped coming to see me for almost two years. His blood count dropped to normal at 8,000 WBC, and he stopped the Ibrutinib because of the side effects. His WBC counts started rising again, and he came back to see me for re-assessment of his condition.

Because he did not respond to my usual and customary treatment plan, I decide to test for environmental toxic chemicals based on acupuncture meridian assessment (AMA). Surprisingly - or perhaps not - he had massive amounts of petrochemical-based toxic chemicals including MTBE/ETBE, Diethyl Phthalate, Styrene, Benzene, Perchlorate, Diphenyl phosphate, Bromopropane and Organophosphates insecticides, according to Great Plains Labs. He was also exposed to high level of the herbicide Glyphosate and fungal toxin Ochratoxin A, considered a carcinogenic mycotoxin from molds.

Now I understand why he did not respond to my usual treatment. Clearly, his blood counts were going in the wrong direction. He also had heavy metals including mercury, parasites and fungal problems. It will take him months or years to detoxify his toxic burden.

For common environmental toxic chemical exposures, a home detox program includes gallbladder/liver flush 1x/month, coffee enemas, sauna or sweat therapy of any kind, charcoal or bentonite clay, mudpack, vitamins and minerals. For more in-depth information for our clinic detoxification program, see my website article, [Detox Recommendations Based on Great Plains Lab Test Results](#).

These environmental chemical toxins and heavy metals are silent killers that our medical professionals overlook, as they typically treat the symptoms based on an arbitrary diagnosis. The other silent killers are parasites, fungal/mycotoxins and hidden dental-related medical problems.

The mystery of the tale of these two leukemia patients was separated by environmental toxic chemicals. By the way, I found out on his last visit that the Florida doctor was not doing the Gallbladder/Liver flush which is a part of all my cancer patients' detox program. In fact, he had never done the Gallbladder/Liver flush for the last four years, as he did not want to drink apple juice because of his concern for fruit sugar contents. The mystery of the Florida Alligator doctor was not as mysterious as I thought. It seems like miracle stories only come from La La Land.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Integrative Medicine to use the best each has to offer. For more articles and information about integrative medicine, patient success stories, and Dr. Yu's health book, [Accidental Cure: Extraordinary Medicine for Extraordinary Patients](#), visit his website at www.PreventionAndHealing.com or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly presentation and discussion by Dr. Yu on Integrative Medicine at his office on the second Tuesday each month at 6:30 pm. Call to verify the date. Seating is limited, arrive early.



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