

Fowl Play on Swine Flu: Medical Marshall Law on Flying Pigs

By Simon Yu, MD

The World Health Organization (WHO) declared swine flu to have reached “pandemic Level 6” in June, 2009, soon after a major outbreak at the epicenter in Mexico. The name of the Flu has been changed from Swine Flu to Novel H1N1 Flu to Pandemic H1N1 Flu. The genetic components of the Pandemic H1N1 Flu contain combinations of avian bird Flu, Swine Flu and human seasonal Influenza Flu.

The way I understand it is that apparently a council of pork producers called “fowl” for giving this flu the wrong name. They didn’t want the sole name to be “Swine” Flu which could potentially hurt sales of bacon and pork chops by a frightened public since this pandemic virus also contains fowl avian virus and seasonal Influenza virus. I’m not sure if this is a joke or not but it creates an interesting intrigue for naming the Flu virus. I’m glad it’s not called Frankenstein Flu.

What does “Level 6 pandemic” mean to you in the eyes of the WHO and the Center for Disease Control (CDC)? Once an unstoppable pandemic Level 6 emergency is declared, the WHO can impose regulations, including “quarantine” and other procedures designed to prevent the international spread of the disease. The WHO has the authority to order forced vaccinations around the world under article 21 of the International Health Regulations (IHR) 2005.

It seems only a few years ago when the WHO was warning us about the impending pandemic avian bird flu with high mortality like the 1918 avian bird Flu which took over 20 million lives around the world. WHO and CDC have been warning us of the impending pandemics and pushing for vaccinations.

Pandemic avian Flu did not materialize and the public response has been less than enthusiastic. Big Pharma had lots of left over vaccines at the end of the Flu season and they were still pushing for vaccinations to the gullible public with a scare tactic. I have been itching to write about “fowl play on avian Flu” and now, I changed the title to “fowl play on swine Flu.”

Over one million Americans were exposed to pandemic H1N1 Flu during the summer of 2009. The mortality has been well below 1 % (0.06% estimated) of the infected populations and most of them were already compromised with pre-existing medical conditions.

There is some concern over the Flu vaccination for its safety and also for its effectiveness. What are the ingredients in the flu shot? It contains egg proteins, formaldehyde, Triton X100, a detergent, Thimerosal, ethyl mercury in multi-dose vials, polysorbate 80 which can cause severe allergic reaction, squalene used as a vaccine adjuvant which can trigger autoimmune disease and others. Knowing this public information, people with a history of egg allergies, bad reaction to previous vaccines or a history of autoimmune disease should avoid vaccinations.

Does the Flu shot prevent the Flu? Despite CDC claims that the Flu vaccination is safe and effective, there are real concerns of conflicting reports, not only for the safety issues, but also questioning the effectiveness of the vaccinations. In children over 2 years, it was only effective 33 percent of the time in preventing the Flu. Vaccination of healthy adults only reduced risk of influenza by 6 percent and reduced the number of missed work days by less than one (0.16) days. For the elderly, vaccines were not significantly effective against influenza or pneumonia according to the Cochrane Database of Systemic Reviews.

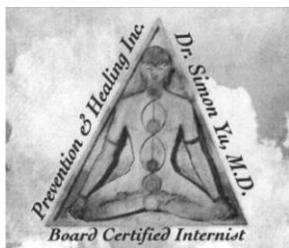
The Department of Homeland Security issued the following to health care providers, “The Department of Justice has established legal federal authorities pertaining to the implementation of a quarantine and enforcement.” It sounds very much like a medical Marshall Law on flying pigs and swine flu. For more information, you could do a Google search on Dr. Sherri Tenpenny, DO or Dr. Russell Blaylock, MD for their warnings on mis-information on the pandemic H1N1 and the dangers of the vaccinations.

I am against mandatory vaccination for Swine, Avian, Seasonal Influenza or this pandemic H1N1 flu for the general public. I have received all required vaccinations while I was in the military. Now that I am retired from the military, after 25 years in the Army Reserve, I believe I have a personal choice. I believe the Flu vaccination should be a personal choice. Despite predictions of massive numbers of deaths and the arrival of doomsday, the pandemic H1N1 virus has remained a relatively mild disease like seasonal Influenza flu.

Do not get scared by jumpy flying pigs and the newest, latest Flu. You have a choice to receive the Flu vaccination, in which case I hope it does what it’s supposed to do and protect you from the pandemic H1N1 Flu virus, or you can support your immune system with proper nutrition, rest, and avoiding crowded areas.

If you choose to support your immune system, I recommend high potency multi-vitamins with extra vitamin C (3,000mg/day) and natural vitamin D3 (5,000 U/day). If you develop Flu symptoms of fever and body ache, you must stay at home (self quarantine), double or triple your vitamin C and vitamin D intake, and hydrate well with water until your symptoms subside. A hospital visit is rarely indicated. Chicken soup is a personal option depending on who makes it.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles and information about alternative medicine as well as patient success stories visit his web site at www.PreventionAndHealing.com or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly presentation and discussion by Dr. Yu on Alternative Medicine at his office on the second Tuesday each month at 6:30 pm. Please call to verify the date and reserve your space.



Simon Yu, M.D.
Prevention and Healing, Inc.
St. Louis, MO 63146
314-432-7802
www.preventionandhealing.com

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