

FSM (Frequency Specific Microcurrent) Therapy:

The House of Wonder by a Quack

By Simon Yu, MD

In 2011, I wrote an article on FSM (Frequency Specific Microcurrent) therapy based on a lecture by Dr. Carolyn McMakin, chiropractor, presented at the ACAM (American College for Advancement in Medicine) medical conference. In late 2015, I was re-introduced to FSM. Then within four months, I attended a FSM seminar for a basic core course in San Francisco, FSM Visceral training in Atlanta, and FSM Advanced training in Phoenix. From my original article, I'd like to reintroduce you to a story by Upton Sinclair called *The House of Wonder*, about a "quack" and his Electronic Medicine.

In case you never heard of Doctor Albert Abrams of San Francisco, he was considered one of the notorious quack medical doctors in the early 20th century in America. He received a medical degree from the University of Heidelberg in 1882 at age 18-20 and he devised what may be the greatest medical hoax of all time.

In 1916, he published *New Concepts in Diagnosis and Treatment based on Electronic Reactions of Abrams* (ERA). According to ERA, all diseases have their own "vibratory rate" or frequency which can be measured and treated with his electronic boxes. He claims that only a drop of blood or even a sample of the patient's handwriting would suffice as a specimen for his machine.

Abrams organized the American Electronic Research Association and sought out gullible osteopaths to become his trained practitioners. In 1922, JAMA (Journal of American Medical Association) began to expose his fraudulent claims and his taking advantage of desperate patients all over the country for profit.

Scientific American reports that the so-called Electronic Reactions of Abrams does not exist. They are merely a product of the practitioner's mind. At best, it is an illusion. At worst, it is a colossal fraud. In 1924 *Nature*, a prestigious British scientific journal ran short articles on the "Abrams cult", calling ERA and his other electronic equipment, which Abrams called a dynamizer, a childish toy which defies all the laws of electrical science.

In 1922 the AMA assigned Upton Sinclair, the author of *Jungle*, to expose once and for all the fraudulent medical claims by the San Francisco quack Dr. Abrams. Contrary to what Sinclair expected, he ended up writing a favorable article against the AMA's wishes. Upton Sinclair published his article in *Pearson's Magazine* in June, 1922, titled, *The House of Wonder*.

In Sinclair's essay, he said, "So I decided to go to San Francisco and investigate. I planned to spend a day or two, but what I found there held me a couple of weeks, and it might have been months or even years, if urgent duties had not called me home. I think the best way for me to present to you the work of Dr. Albert Abrams is to take you into his clinic."

Some of the highlights of his eleven page essay include the following "...this eager and excitable little Jewish doctor is either one of the greatest geniuses in the history of mankind, or else one of the greatest maniacs. But present him with a new idea, some way to verify or perfect his work, he pounces on it like a cat. He is a veritable incarnation of Nietzsche's phrase about the human soul, which 'hunger for knowledge as the lion for his food.' There is no experiment he will not try."

“Every disease has a radio-activity peculiar to itself, and uniform and invariable. He calls this the ‘vibratory rate’ of the disease. Tubercular disease, and the tubercle bacillus and every drop of blood from a body which contains the tubercle bacillus — all these substances produce a reaction when the rheostat (ERA) is set at 42, and if the reaction does not come through at this point, there is no tuberculosis in that body.”

“Abrams claims cure, and here again we have two things to consider: first, the facts, and second, the theory. The theory may be wrong, but the facts are beyond dispute. Here in Abrams’s clinic you see it happening, and you feel as if you were watching the old-time Bible miracles. The blind begin to see, the deaf begin to hear, and the lame begin to walk! I speak the literal truth when I say that after a week in Abrams’s clinic I had lost all feeling of the horror of the three dread diseases, tuberculosis, syphilis, and cancer.”

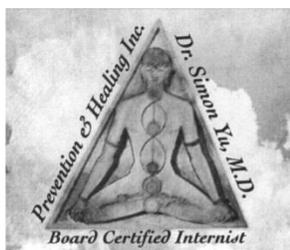
Abrams died in 1924 from pneumonia. He could not cure his own pneumonia but died a millionaire. Is he a quack or a true genius who is misunderstood?

After Abrams’s death, the electronic medicine, often called “radionic”, and its related medical field gradually disappeared from the scene of American medicine which had its own scientific breakthroughs with the inventions of antibiotics, X-rays, and advanced surgical procedures. However, his idea of “vibratory rate” and frequency of the disease was never forgotten.

Since the time of Abrams, his legacy was not forgotten. In the 1950s, Harry Van Gelder, DO, ND accidentally discovered Abrams’ forgotten frequencies and his electronic box, which was hidden in a storage area, when Van Gelder bought a medical practice from a retired physician. Years later, Carolyn McMakin, collaborating with Harry Van Gelder for nineteen years, developed the Frequency Specific Microcurrent (FSM) therapy which is classified as a TENS (transcutaneous electrical nerve stimulation) unit by the FDA (U.S. Food and Drug Administration).

Carolyn McMakin refined the unit for specific frequencies for neuro-muscular-myofascial pains. She was able to cure some “impossible” cases. The effectiveness of FSM has been proven and validated in academic communities and at major hospitals. This latest electro-medical technology is based on the understanding of Abrams’ theory on frequency, vibratory rate, and the body’s electricity. Frequency Specific Microcurrent (FSM) therapy is now available in my practice. The house of wonder built by Abrams is coming back.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles and information about alternative medicine as well as patient success stories, and Dr. Yu’s revolutionary health book *Accidental Cure: Extraordinary Medicine for Extraordinary Patients*, visit his web site at www.PreventionAndHealing.com or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly presentation and discussion by Dr. Yu on Alternative Medicine at his office on the second Tuesday each month at 6:30 pm. Call to verify the date. Seating is limited, arrive early.



Simon Yu, M.D.
Prevention and Healing, Inc.
St. Louis, MO
314-432-7802
www.preventionandhealing.com

***Weaving Internal
Medicine with
Alternative Medicine
to Use the Best Each
Has to Offer***