

# Maximus and Minimus: Cure for All, Cure for None

By Simon Yu, MD

I was in Paris for my honeymoon as a young physician. I studied French for three years in high school and thought it would be good to test my recall of the language. The hotel was very modest. Our typical daily activities included walking to one museum after another.

One evening, I noticed a restaurant named, Maxim's, the famous restaurant I heard about in the movies where famous people like to have dinner and hang out. I suggested to my newly wedded wife, Kate, that we go to Maxim's for dinner. When we entered the restaurant, I was not so impressed. It looked clean and nice but not as special as I expected. The crowds looked very ordinary and the food was fine but nothing special.

My experience at Maxim's was a big disappointment compared to my great expectation. In my imagination, Hemingway and Humphrey Bogart were smoking cigars, drinking cognac, eating fine French cuisine and surrounded by beautiful French women. However, the place was half empty, no music and we didn't see any extraordinarily beautiful French women.

As we left, I looked up at the restaurant and told myself, "Maxim's is totally over rated. I would never recommend it to anyone." However, to my dismay, when I saw the sign for the restaurant, it said "Minim's." I was so sure the sign said Maxim's when I entered the restaurant. I don't think I can blame this on my rusty French.

Why am I bringing up the story of Maxim's and Minim's? It is our unrealistic expectations that distort our perceptions of reality. Minim's was a fine restaurant but my expectation was unrealistic for Minim's to fulfill my imagination of Maxim's.

I think our medical system often creates unrealistic expectations, in the same way that my expectation of Maxim's became my experience with Minim's, as we provide the best medical care in the world. This is especially true when we are dealing with chronic illness.

I've written numerous articles that discussed how many medical problems are not true medical problems but how "problems" are created to give an illusion that you are sick. This continuously growing trend is promulgated by multinational pharmaceutical companies who often promote their drugs in the name of awareness of "early screening" and "public education" for every conceivable medical condition. For more information, look at my article, "Cure for All Disease and Non-Disease: Let's Start with Honey Bee Erectile Dysfunction."

If you have certain medical conditions like high cholesterol, acid reflux, mild hypertension, menopausal symptoms, arthritic pain, fibromyalgia, osteopenia, erectile dysfunction, attention deficient, or memory problems, advertisements gently remind you to ask your doctor about specific drugs, in a slick TV commercial, to promote medications that are based on pseudo-science and the psychology of fear.

Most people understand that when they have a life threatening medical problem like an acute heart attack, pneumonia, asthma, trauma or cancer, they have no choice except acute medical intervention to stop the immediate medical conditions with maximum effort. After all, Western Medicine excels in crisis management and trauma care. However, emergency care is very different than treating chronic illness. Western Medicine can excel in one area but not the other.

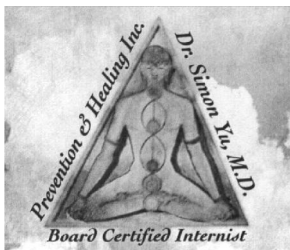
In my practice, I see many chronically ill patients who have been seen by many medical doctors and often considered incurable. They were often told to learn to live with their medical conditions and how their medications will ease their suffering and help to manage the progression of the disease.

To make my story short, your medical problems may not be what you think, what you have been told or what has been diagnosed. I do not treat individual symptoms based on a single diagnosis. I evaluate the whole body based on Acupuncture Meridian Assessment, the modern bio-cybernetic matrix system which gives me an informational clue where to start. Depending on the circumstances, most people need to start with intestinal cleansing, parasite eradications, heavy metal detoxifications, nutritional support, elimination of food allergies and/or correcting hidden dental problems by seeing a biological dentist.

During the course of the evaluation and treatment, often, patients observe a “spontaneous healing” or, as I like to call it, “Accidental Cure.” At times, though, I don’t see much response from my therapies. It happens more often when patients have unrealistic expectations or are skeptical and only willing to try part of my recommendations. For them, it can be a disappointing experience.

You can create your own success or failure for your incurable medical condition. It is up to you. I recommend you read my book, *Accidental Cure* and learn how to create the opportunity for “spontaneous healing.” Your healing experience could be like Maxim’s or Minim’s or I should say, Maximus and Minimus: Cure for All, Cure for None.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles and information about alternative medicine as well as patient success stories visit his web site at [www.PreventionAndHealing.com](http://www.PreventionAndHealing.com) or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly presentation and discussion by Dr. Yu on Alternative Medicine at his office on the second Tuesday each month at 6:30 pm. Please call to verify the date and reserve your space.



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