

Medical Acupuncture on Gallbladder Meridian: Therapeutic Illusion on IBS and Autism

By Simon Yu, MD

Irritable Bowel Syndrome (IBS) symptoms include abdominal pain, bloating, diarrhea, constipation, and changes in the pattern of bowel movement. Your doctor may diagnose IBS based on limited tests and review of your clinical symptoms. The stool test for ova and parasites are almost always negative.

The causes of IBS are not clear. However, there are plenty of theories, including small intestinal bacterial overgrowth, food allergies, gluten sensitivities, GMO food, and genetic factors. IBS is often triggered by an intestinal infection or acute emotional stressful events. There is no cure for IBS according to western medicine. The goal for the treatment is to improve symptoms with dietary changes and use medications to control diarrhea, constipation, and abdominal pain.

About 10-15 % of the global population is suffering from IBS. There's a tremendous financial interest by pharmaceutical companies to develop the next blockbuster medication. So far, drugs for IBS have had limited side effects. New drugs, Alosetron and Tegaserod, were withdrawn in 2007 but there's a stream of new drugs entering the market.

Treating the symptoms of IBS with medication is a "therapeutic illusion." It's like treating a heart patient with cholesterol lowering statin drugs while believing it will prevent the person from having a heart attack. Many IBS patients, despite negative stool tests for parasites, may respond to parasite medications, such as, tinidazole, nitoxoxanide, and Ivermectin, and anti-fungal medications, such as nystatin, fluconazole, or itraconazole. Is it possible that parasites are cloaking themselves to engage an asymmetric unconventional warfare with mankind?

Ten years ago, at the Combat Support Hospital in Germany, I saw a retired US Army Special Forces, Warrant Officer, R.D., whom I treated for Irritable Bowel Syndrome. After several previously unsuccessful rounds of combinations of meds from other doctors, she positively responded to parasite medications that I prescribed. She even presented me with a special medallion from the 1st Special Forces Group (Airborne). She spread the word to the network of Special Forces to look out for parasite problems for those suffering from IBS.

Within the military, IBS is one of many underappreciated burdens. Many soldiers who serve overseas develop "travelers' diarrhea" which is one of the main causes of illness, lost duty days, and compromised missions. A lot of Special Forces are silently suffering from IBS because they're afraid to speak out about their problems for fear of a medical discharge since there is no cure for it. They may have acquired IBS during their "survival training." It may then have been compounded by overseas operations in many hostile environments and the traumatic stress of combat operations.

Another unusual example is Autism. Six month ago, I saw a 39 year old, Registered Nurse from Dallas for weird neurological symptoms with numbness of body, coughing, brain fog, exhaustion, and IBS like symptoms. My acupuncture meridian assessment indicated 15 out of 40 meridians were out of balance.

One of the main disturbances was coming from the large intestine, small intestine, allergy, and lymphatic meridian. I started her on the parasite medications of Ivermectin, pyrantel pamoate, and praziquantel. She noticed a dramatic improvement in her condition with increased energy, no burning sensation, and improved cognition.

Without my knowledge, she decided, out of desperation, to give a part of her parasite medications to her 5 year old son with severe autism diagnosed at age 2. He was non-verbal and had focal seizures. The response has been a dramatic improvement in his behavior. He started “talking” after taking his mom’s parasite medications.

I had to reprimand the mom for treating her son without a proper medical evaluation. However, I was also impressed by her description of the dramatic improvement of her son’s autistic behavior. I finally evaluated the child (after the parasite medication given by his mom) and his gallbladder and nervous system meridian was still out of balance. I put him on different rounds of parasite and fungal medications, nystatin, fluconazole and nitoxoxanide, to re-balance the rest of the meridians. He also had very high mercury exposure. This was most likely from his mom who also had a high mercury level.

I then saw both of them again. The child’s ATEC (Autism Treatment Evaluation Checklist) score dropped from 109 (severe autism) to 4 (considered normal), according to his mom. The ATEC was developed in 1999, not as a diagnostic evaluation but as a way for researchers to evaluate the effectiveness of various treatments for autistic children. ATEC internal consistency reliability was very high (.94 for the Total score) and studies confirm validity of the ATEC Report.

I’ve written several articles on autism, *AutismOne on Healing Autism* and *Autism and Autism Spectrum Disorder*. I do not treat Autism. I treat the underlying problems based on acupuncture meridian assessment. Most autistic children have disturbances of intestinal and gallbladder meridians. The Gallbladder meridian is one of the longest and most complex meridians. It partly controls movement, the autonomic nervous system, and cognition.

Disturbance of the gallbladder meridian has been associated with migraine headache, concentration problem, eye/ear problem, neck pain, indigestion, abdominal pain with nausea, and hip or knee or foot pain. The gallbladder meridian influences our central nervous system from mesencephalon including the center of sleep and waking rhythm, diencephalon sleep center, cranial nerves involving the optic and trigeminal nerves, parasympathetic nervous system including ciliary optic ganglion, vagus nerve in the medulla oblongata, and the cranial part of the sympathetic nervous system. (Dr. Voll’s German Electro-acupuncture Reference Manual).

Gallbladder and Liver meridians are paired meridians. The paired circuitry meridians are the Triple Warmer (Hormonal Regulator) and Pericardium (Circulation) meridians. Medical professionals interested in learning how to measure the subtle energy fields with acupuncture meridians to detect parasites and hidden dental problems can check my web site for a special training on these subjects and techniques on August 26-28, 2016. This training is designed for MD, DO, and DDS to explore beyond the Therapeutic Illusion.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles and information about alternative medicine as well as patient success stories, and Dr. Yu’s revolutionary health book *Accidental Cure: Extraordinary Medicine for Extraordinary Patients*, visit his web site at www.PreventionAndHealing.com or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly presentation and discussion by Dr. Yu on Alternative Medicine at his office on the second Tuesday each month at 6:30 pm. Call to verify the date. Seating is limited, arrive early.



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