

# **New Medicine Based on New Biology: Maybe Yes, Maybe No**

By Simon Yu, MD

Energy medicine is a new buzz word in the field of Alternative Medicine focusing on “new medicine based on quantum physics.” Is quantum physics’ wave-particle duality as relevant to human life and living systems as it is to the material world? A new generation of scientists and biologists think it is.

For them, traditional biologists and medical scientists committed a gross scientific error by overlooking quantum physics as being too weird, mind bending and unpredictable for biological systems. The basis of quantum physics is that, at the sub-atomic level, matter does not exist with certainty. It only exists as a tendency to exist in particle or wave form as maybe yes or maybe no. This applies to the material world. The “new” medicine states that this basis of quantum physics also applies to all living systems.

In living systems, green plants and certain bacteria capture energy from photons of sunlight and use it to make food through photosynthesis. The initial stage of the process is so efficient that scientists are looking at quantum phenomena to explain the efficiency of harvesting photons as well as electron transport at the atomic level. When excited by a photon, the chlorophyll cells no longer act as individuals, but band together to create a system that works in concert, according to theoretical physicist Thorsten Ritz, Ph.D.

Migrating birds exploit quantum effects to sense magnetic fields. In a 2004 Nature study, Ritz and his colleagues showed that disrupting the local magnetic field around captive birds preparing to migrate interfered with the birds’ internal compasses. Green plants, birds and all other living systems have been living in the world of quantum physics beyond the atomic level of physics. (Susan Galdos, Science News: May 2009)

Think of your body as a microcosm of the universe. There are about one hundred trillion living cells in your body. Only ten trillion cells are considered human cells making up the brain, heart, lung, kidney, muscle, liver, pancreas etc. The other 90 trillion cells are foreign, alien cells living in your body as bacteria, fungus, virus and other advanced complex organisms which exist in symbiotic harmony most of the time. These cells have evolved with us from the beginning of Life.

How do these ten trillion human cells and 90 trillion foreign cells communicate and coordinate their complex biochemical reactions? It cannot be explained by our understanding of biochemical pathways, hormones, neuro-peptides or the nervous system. Cells, and therefore organs, communicate by vibrational frequency in a form of waves and photon particles. (F.A. Popp, Ph.D.)

In the quantum world, chromosomal redundant DNA operates like a micro-crystal antenna constantly resonating and transmitting information to the multiple targeted genes (the old theory is a single gene for one genetic information for one protein) for multiple genetic expression based on the influence of the environment. The DNA receives the critical information outside of the cells through cell membrane receptor proteins called Integral Membrane Proteins.

According to Bruce Lipton, Ph.D., in his book *The Biology of Belief*, the gene is the equivalent of the cell gonad and the cell membrane is the actual cell brain which regulates DNA for genetic expression. Every living system seems regulated upside down and inside out by quantum physics. It is not the gene or DNA that controls your biology but the environment regulates your gene. This new revolutionary idea is called “epigenetic.” It is time to stop blaming your genes or your ancestors. You have a lot of control over your genetic expression through your diet, thoughts, belief system and choice of actions you make.

NASA's Wilkinson Microwave Anisotropy Probe (WMAP) Spacecraft expedition in 2003 revealed vital information about our universe. The age of the universe is 13.7 billion years old. Its makeup is 4 percent matter as stars, planets and gas etc, 23 percent as exotic "dark matter" only detectable by its gravity and 73 percent as "dark energy" detectable by antigravity forces. The size of the universe is unknown and expanding. The shape of the universe is perfectly flat like a pizza.

With the best detectable scientific instruments, we can only measure 4 percent of matter in the universe. Ninety-six percent of the universe is considered to be made of "dark matter" and "dark energy" which means we don't know what it is but it is out there. With the best medical scientific instruments, we can only measure a small fraction of the human being with the use of X-ray, CT scan, MRI, PET scan, etc.

New medicine based on a new understanding of biology, through the application of quantum physics, is here to challenge the basis of Western medicine which has been dominated by the mechanistic concept of cause and effect between health and illness. Modern bio-mechanical and biochemical based medical science cannot fulfill the understanding of the Body/Mind and Spirit of Mankind.

In the quantum world, everything is uncertain, everything can influence everything else, and everything is possible. When you come to see me for an evaluation, be prepared for the quantum world of uncertainty. I will check your bio-cybernetic matrix system called acupuncture meridians. My recommendations may seem unusual or weird at first but they will most likely make more sense to you later.

Patients always ask me whether I can help them. My typical answer is "Maybe yes, maybe no." As a physician, I educate, coach and train my patients to think that healing must come from within. Our belief system, attitude and positive actions are required for "spontaneous" healing. These are not placebo effects. This new medicine is based on a new biology.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles and information about alternative medicine as well as patient success stories visit his web site at [www.preventionandhealing.com](http://www.preventionandhealing.com) or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly presentation and discussion by Dr. Yu on Alternative Medicine at his office on the second Tuesday each month at 6:30 pm. Please call to verify the date and reserve your space.



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