

Parasite Remedies

Guidelines for Taking Medication

By Simon Yu, MD

You have been advised to take parasite medication(s) and you might be wondering, “Yuk! Do I really have worms in my body? Dr. Yu didn’t even check my stool. How does he know what kind of parasites I have? How does he know how to treat them?”

Most parasites are invisible, microscopic and outside of the intestinal tract. I recommend you go to my website at www.preventionandhealing.com. Look at the “Articles” page for articles on parasites, and the ones titled “Accidental Cure” and “Luthiers and Physicians.” Also read all of the Testimonials and Success Stories pages. That may seem like a lot of reading. You just have to ask yourself, “Is my health worth taking the time to really understand what’s going on with me and why I should take this medicine?”

Most patients tolerate the medications well and will complete the round of the medications. Some patients have a strong reaction depending on the medications. Reactions can also result from the effects of killing the parasites. Reactions may include nausea, fatigue, dizziness, rashes, itching, abdominal cramps or diarrhea. Don’t be alarmed. These symptoms are only temporary. If you can’t take the medications, you need to stop the medications and contact the office for advice.

Most of the time, you will be instructed to stop the medications for 48 hours. Then resume at half the dose and finish the medications. Very seldom, you will be instructed to stop the medications altogether.

You may take over-the-counter medications, such as Benedryl or Pepto-Bismol, to relieve some symptoms of itching or upset stomach. For what ever reason, if you cannot tolerate the medications, stop and call the clinic the following working day.

Every person’s situation needs to be addressed for their particular condition. It is not uncommon, though, that parasites can move around from one organ to another and transform into different patterns of impact on your body. For this reason, it is sometimes necessary to use different types of parasite remedies at different times over a period of time.

For example, sometimes different remedies are used one after another as each is used up. At other times, one remedy may be used for awhile and your condition may indicate absence of parasites only to have them return some months later. At this second occurrence a different remedy may be required. Each situation is unique and will be treated only according to what your body is telling us.

Good luck with your journey of recovery and wellness.

Background Explanations Addressing Common Questions

We have been programmed to believe that parasites infect people who live in tropical countries like Mexico, India and China but not the United States. You may be warned about parasites only if you travel to those countries. You may have been told that “If you don’t travel outside the U.S. you don’t have to be concerned about parasites.”

However, for the last 50 years there has been a large global migration of people into the U.S. In addition, global warming is creating an unprecedented opportunity for new emerging infectious diseases including parasites. On top of this is environmental pollution that has been destroying our ecosystems. This may allow a friendlier environment for parasites to flourish.

Parasites have been associated with every known disease in the history of human-kind. I consider parasites one of the five principle causes of a large percentage of all illnesses. The other four are: food allergies, heavy metal toxicities, hidden dental problems, and nutritional problems.

Herbal parasite remedies are generally not strong enough to kill deeply embedded parasites in the body. I will often add prescription parasite medications and homeopathic intestinal remedies to have the maximum killing effect. Most parasites have a very complex life cycle outside of the intestinal tract and require a relatively high dose and multiple treatments.

Some of my patients have tried the Rife frequency generator. But the Rife frequency generator does not penetrate deeply enough into organs like the liver or gallbladder. It might be partially effective at best.

One of the most frequent questions I encounter is, "Is my parasite infestation contagious to my family members?" It all depends on the parasites and how you have acquired them. Not everybody will catch parasites from contaminated water or foods. It depends on one's immune system, the strength of your stomach's ability to produce hydrochloric acid, and your body's ability to destroy parasite eggs embedded in foods.

However, if you have recurrent parasite related problems while being very careful with your dietary intake, I may recommend your spouse and other family members living with you be evaluated by a doctor familiar with parasite infestation. I also recommend having your pets checked for parasites by your veterinarian. (I don't test your pets. I draw the line.)

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles and information about alternative medicine as well as patient success stories visit his web site at www.preventionandhealing.com or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly discussion on Alternative Medicine at Prevention and Healing on the second Tuesday each month at 6:30 pm. Please call to verify the date and reserve your space.



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