

Parasites as a New, Emerging, Global Environmental Threat: A Paradigm Shift in Environmental Medicine

By Simon Yu, MD

Is it possible that parasites are still a problem as a global environmental problem in this modern age? Recently, I gave two similar lectures on parasites at the American Academy of Environmental Medicine in New Mexico and at the Medicine Week in Baden Baden, Germany in November, 2014. My lectures focused on parasites as a new emerging global environmental threat that have been overlooked by main stream conventional medicine and environmental medicine doctors.

Let me give you a quick summary of the lecture on why and how parasites have become a new global environmental threat. Most of the common parasite problems are caused by Ascaris, Hookworms, Whipworms, Filarial worms, Flukes, Malaria, and Entamoeba histolyca.

Global statistics on parasites indicate a total of 4.46 billion people are infected by parasites. Millions are dying as the leading cause of morbidity and mortality on a global scale, much greater than any viral, bacterial, or fungal infection (World Health Organization and Centers for Disease Control).

Media sensationalism and statistics can be misleading. The Ebola virus epidemic in Africa has stolen the headlines and captured the imagination and fear by the public. But, every day, more people are not only dying from obvious parasites but also from undiagnosed parasite problems causing mal-nutrition, anemia, or compromised immune systems. Yet, precious resources are mis-directed due to the Ebola virus sensationalism.

Why are parasite problems overlooked? They're overlooked because there are no reliable ways to detect parasites, and we assume parasites are only in third world countries. Also overlooked is the transfer of parasites on a global basis due to worldwide global migration, change in diets around the world, effects compounded by global climate changes, and global travel.

I just saw a patient from the east coast of the U.S. who was in good health until she took a vacation in Jamaica in December 2013. She thought she had some benign insect bite. However, several weeks later she developed vague upper abdominal pain and, later, shoulder and arm pain. She ended up seeing about ten different specialists with a final diagnosis of Thoracic Outlet Syndrome with a recommendation for a special operation. Her problem was most likely from an unrecognized parasite problem. I put her on triple parasite meds. I will soon find out if she responds to the medications.

Often, I use a U.S. Army military operation point of view as an analogy to explain that parasites are like an asymmetric threat, and engaged in unconventional warfare to mankind. Unconventional warfare must be dealt with by using unconventional counter-solutions based on Energy Medicine and acupuncture meridian assessment to track, monitor (Pattern Recognition), and neutralize them.

One of the main emphases of the lectures was that most parasite problems may manifest outside of the GI tract, i.e. as asthma or bronchiectasis in the lung, brain fog or migraine headache, anemia, cyst, tumor, allergies or suppression of allergies, chronic fatigue and fibromyalgia, behavioral or vision problems, etc. The other emphasis is thinking of parasites and parasitic infectious relationships. Parasites have their own associated concurrent co-infections with viruses, bacteria, and fungi.

The worldwide medical literature reviewed by the University of Calgary, Canada demonstrated many parasites mimic malignancies, such as Spinal cord tumors by *Angiostrongylus*, lung cancer by *Strongyloides stercoralis* and *Paragonimus westermani*, Brain tumor by *Schistosoma*, Colon tumor by *Fasciola hepatica*, and *Duedoenum adenomacarcinoma* by *Strongyloides stercoralis*.

A review by Tufts University School of Medicine also showed a connection between chronic bacterial and parasitic infections and cancer, such as *Salmonella Typhi* with carcinoma of gallbladder and pancreas, *Chlamydia* with carcinoma of lung, ovary, and lymphoma, *Schistosoma* with bladder, cervical, colorectal, and liver cancer, Liver flukes with cholangiocarcinoma, and chronic osteomyelitis with myeloma, fibrosarcoma, and angiosarcoma. (The most common source of osteomyelitis comes from hidden dental/jaw infections).

One of the hardest parts of treating parasites as a physician is that there are no reliable tests available. In previous articles, I have addressed this short coming in using a stool test. I also discussed how I started using parasite medications while I was in Bolivia as a U.S. Army medical officer.

Veterinarians are familiar with parasite problems for animals. They routinely prescribe parasite medications. But medical professionals are afraid to treat parasites unless we can identify and name the type of parasites. They do not initiate routine parasite medications even when they highly suspect that their patient might be suffering from parasite infestations.

Regular deworming and routine dental care may have prolonged the average life span of horses from less than 20 years to about 40 years according to professional horse breeders. (This information is from a patient who is a professional horse breeder). Can you imagine doubling the human life span by routine deworming and dental care? That would be an absolute nightmare for the government! Anti-aging medical doctors may need to know how to use parasite medications if they are serious about prevention, healing, and longevity medicine.

The most common medications I use include Ivermectin, Pyrantel pamoate, Albendazole, Mebendazole, Tinidazole, Alinia, Praziquantel, and Levamisole. I encouraged the medical doctors who heard my presentations to try parasite medications on themselves first, then on their families, and finally, when they feel comfortable, try on patients they suspect have parasite problems.

Acupuncture meridian assessment, a new biometric system based on ancient knowledge, measures conductance and resistance at the acupuncture meridian points. It maps out a new way of pattern recognition for detecting and treating parasites. Parasites may be a hidden, new, emerging global environmental threat: a paradigm shift in the field of environmental medicine on a global scale.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles on alternative medicine as well as patient success stories, and Dr. Yu's revolutionary health book, *Accidental Cure: Extraordinary Medicine for Extraordinary Patients*, visit his website at www.PreventionAndHealing.com or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly presentation and discussion by Dr. Yu on Alternative Medicine at his office on the second Tuesday each month at 6:30 pm. Call to verify the date. Seating is limited, arrive early. Also, on the third Tuesday, we welcome you to attend our Free Monthly Prevention and Healing Support Group to support your healing process. See details on our website.



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