

Professional Patient Named Bob:

Operation Open Sesame

By Simon Yu, MD

Who is Bob? Bob is a retired Wall Street lawyer from New York. He has been on a mission searching for the answer to his mysterious chronic fatigue. He quit his job. He thought he was “burned out” while making good money under so much pressure from Wall Street. Poor guy! Even after he quit his job, he did not recover from his relentless chronic fatigue.

On the other hand, he was financially secure. He could afford to retire and travel around the world to see famous medical doctors at their clinics. He started attending many medical conferences as a patient searching for a solution to his medical problems.

About fifteen years ago, I met Bob at a European biological medical conference. He is always nice and polite. We could discuss many medical topics almost like he was a medical doctor. He also collects many of the latest medical equipment to use in his home for self-therapy. He has enough medical equipment to run a small medical clinic in his home.

When I would run into him at a medical conference, I would usually invite him to come see me in St. Louis to evaluate his mysterious illness with chronic fatigue. He was too busy travelling to famous clinics in Europe, searching for a solution to his problems. In 2014, I met him again, when we both joined a medical tour group going to Baden Baden, Germany for the Medicine Week Conference.

During this tour, I did give a lecture on “Parasites as a New Global Emerging Environmental Threat” at the Medicine Week Conference. This conference is considered to be the largest, most prestigious alternative medical conference in Europe. My lecture mainly focused on hidden parasites and how to detect and treat them based on energy medicine. It also briefly covered dental related medical problems.

Europeans, like most Americans, have chronic parasite problems but they are not getting treated properly. They think parasite problems are in Africa, India, Asia, and South America but not in Europe. The standard parasite tests are not sensitive enough to make a correct diagnosis. Therefore, many parasite problems go untreated.

However, patients often complain with symptoms such as IBS (irritable bowel syndrome), IBD (inflammatory bowel disease) like ulcerative disease or Crohn’s disease or allergies, asthma, migraine headache, sciatica, back pain, anemia, chronic fatigue, or behavioral problems. I’ve written numerous articles on parasites. (See the Articles page on my web site shown below.)

In 2015, almost one year after I saw him at the Medicine Week Conference, Bob finally showed up at my clinic. He said he is doing better overall compared to 15 years ago but still feels tired in the morning, feels shaky, has a sensitive stomach, and has tightness in his chest when climbing stairs. He told me he brought a blank check with him for me to evaluate him and test him with everything I have in my clinic. He also wanted to try out all the medical equipment I have while he is getting evaluated.

In a situation like Bob’s, I call these patients “professional patients.” They are willing to travel around the country or around the world searching for answers to whatever mysterious medical problems they have. Bob became a professional patient collecting many certificates for attendance at medical conferences but with no medical diploma. Now, the pressure was on me to evaluate him, the lawyer from New York.

First visit evaluations consist of many basic screening tests, taking a medical history, a physical examination, and acupuncture meridian assessments (AMA). (Again, see my Articles page for articles on AMA.) The AMA is one of the most important parts of my evaluation to guide me in focusing in on the most important causative problems of my patient's current medical conditions. Often, the causative problems are not what the patient thinks they are.

To my surprise, all 40 out of 40 main meridian points were perfectly balanced. This indicated nothing was wrong with Bob. In most cases on their first visit, it is not uncommon for me find at least 5 to 10 out of 40 meridians are out of balance. In some seriously ill advanced stages, I may found 30, or more, out of 40 meridians are out of balance. In addition, the voltage (as in conductance and resistance) readings are also very low at the acupuncture points. This indicates even worse problems.

Occasionally, I will encounter perfectly normal meridians when they are complaining about many unexplainable medical problems. Most of the time, they are on multiple medications, especially on psychiatric medications, which mask the disturbance of the meridians or, as seen by some energy medicine practitioners, to balance the energy disturbance. But these patients still experience symptoms of headache, fatigue, asthma, low back pain or sciatica, or allergies.

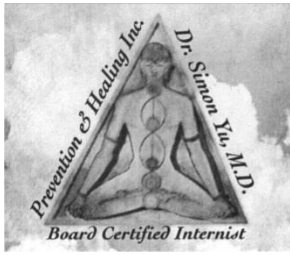
For the last 20 years, I have been exploring many different techniques to uncover these hidden problems. For a lack of a better description, and with my military background as a retired medical officer for the U.S. Army, I named the technique for un-cloaking the hidden medical problems "Operation Open Sesame" to detect asymmetric threats.

Our body is a highly organized bio-matrix energy system with unique human frequencies. Our body also responds to outside environmental stimuli for which we can measure differences in conductance, resistance, and voltage. We can use light, frequency, acupuncture, crystal, or other means to polarize the bio-field and un-mask, or un-cloak, hidden problems.

When I placed one single acupuncture needle on his governing vessel in his face, within minutes I was able to detect 17 out of 40 disturbed meridians that I was not able to detect a few minutes prior to this. Numerous hidden problems revealed themselves including dental, lung, heavy metal, allergies, heart, small intestine, hormone, spleen, liver, gall bladder, and parasite problems.

Bob seemed reluctant to re-do the dental work but was willing to follow the rest of my recommendations. There are plenty of professional patients like Bob. I can think of Dee, Carolyn, Mary, Big Bob, Skinny Bob, and many more. Deep down in my heart, I know if Bob does not address his dental problems, he will never graduate from his unofficial title, the Professional Patient named Bob. Operation Open Sesame to save Bob will fail without addressing all hidden asymmetric threats including dental and parasite problems.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles on alternative medicine as well as patient success stories, and Dr. Yu's revolutionary health book, *Accidental Cure: Extraordinary Medicine for Extraordinary Patients*, visit his website at www.PreventionAndHealing.com or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly presentation and discussion by Dr. Yu on Alternative Medicine at his office on the second Tuesday each month at 6:30 pm. Call to verify the date. Seating is limited, arrive early. Also, on the third Tuesday, we welcome you to attend our Free Monthly Prevention and Healing Support Group to support your healing process. See details on our website.



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