

# **Warning: Miracles Happen! Your Medical Problems May Not Be What You Think or What Has Been Diagnosed**

By Simon Yu, MD

As a physician practicing Internal Medicine and Alternative/Complementary Medicine, I warn my patients, on their first visit, that I have no idea whether I can help them. I warn them my evaluation is different than most medical doctors and that my recommendations may seem odd and may not make any sense at all.

Based on their medical history, physical exam, acupuncture meridian assessment and laboratory tests, I may, for example, recommend parasite medications for an intractable asthma patient. For the next asthma patient, who comes to see me hoping for asthma treatment with parasite medication, I may recommend extracting infected root canals although patient is not complaining of tooth ache and has normal dental X-ray. The recommendation is, once again, based on this individual's medical history, physical exam, acupuncture meridian assessment and laboratory tests.

The complaint may be the same, that is, they both have asthma, however the asthma, from my view, is a symptom of underlying problems and not the end problem itself. Therefore, the causes of this symptom must be determined in order for the patient to achieve their optimum health.

A patient's arthritis, knee pain, sciatic or back pain, abdominal pain, shoulder or neck pain or migraine headache might be related to a disturbance of their Gall Bladder meridians and may go away with proper treatment for their Gall Bladder which, in my experience, may include parasite medications.

Unexplainable chest pain might, for example, be caused by a hidden old wisdom tooth area that has become infected or by root canals. No medications or surgical intervention will correct the chest pain until removal of the infected tooth or infected jaw bone. One of my patients had multiple angioplasty and stents and still had chest pain and shortness of breath. He had seven root canals, I instructed the patient to remove all seven root canals and, upon doing so, the chest pain finally disappeared.

When I was in the U.S. Army Reserves, every time I was activated for duty, at the end of my tour I would usually get a threatening e-mail from the angry U.S. Army Dental Commander for my medical advice which seemed to contradict their dental evaluation and treatment plan. They would be very angry that I, an Army Medical Reservist, was challenging their finest Dental Group.

I have seen many patients with chronic fatigue, fibromyalgia, IBS (Irritable Bowel Syndrome), multiple sclerosis, or medically unexplained symptoms (which I call MUS), and even cancer patients respond to parasite medications and dental revisions. I do not want to give you unrealistic expectations that everyone will respond with parasite medications and dental work but even terminal cancer patients can often add years to their lives beyond normal expectation of what they've been told.

How is it possible to get well when you have been to so many specialists and many prestigious medical institutions and they could not help you except to give you a whole list of diagnoses? The best action you can take is to ignore your diagnosis! Don't dwell on your symptoms, lab test results, CT scan/MRI report or diagnosis.

A diagnosis is useful for the doctor to categorize your medical conditions for a treatment plan and insurance purpose but it has no effects on healing. Stop thinking of yourself as a breast cancer patient, prostate cancer patient, Lyme patient, heart patient or whatever your diagnosis is. Your medical problems are not what you may think or what has been diagnosed.

A long list of diseases often spontaneously disappear when correcting the five underlying problems: parasite infections, dental problems, food allergies, environmental toxicities, especially heavy metal exposure, and nutrition and dietary support.

There are skeptics who always ask, "Have you seen a case like mine? What is your success rate or what is your failure rate?" I have no idea without actually evaluating the patient and may need several visits to see the progress. My usual answer is "You are it. There are no statistics to guide or misguide You." Statistics in medicine are not what you call a truly unbiased science when billions of dollars are at stake.

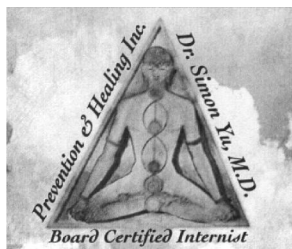
I am always fascinated why some patients respond so quickly, and seemingly spontaneously. I even find it hard to believe myself that incurable medical conditions can disappear like a miracle. For some patients, it does not matter what I do. They do not respond when I expect them to respond. What is the difference? It is not what I do. The difference is the patient's pre-existing belief system.

Man is internally governed by beliefs. Whether our beliefs are right or wrong, they still govern our lives and belie making anything possible or impossible to the person who holds those beliefs. I am not responsible for your cure. You co-create your own healing.

Warning! Miracles happen! Your medical problems may not be what you think, what you have been told, or what has been diagnosed.

Recommended reading: Short articles on my web site at [www.preventionandhealing.com](http://www.preventionandhealing.com) on *Disappearance of the Universe as We Know It for WIMPs*, *Awakening the Healer Within You* and *Incurables and Spontaneous Healing*. Also, *The Anatomy of a Miracle* by Dr. James B. Richards.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles and information about alternative medicine as well as patient success stories, and Dr. Yu's revolutionary health book *Accidental Cure: Extraordinary Medicine for Extraordinary Patients*, visit his web site at [www.PreventionAndHealing.com](http://www.PreventionAndHealing.com) or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly presentation and discussion by Dr. Yu on Alternative Medicine at his office on the second Tuesday each month at 6:30 pm. Call to verify the date. Seating is limited, arrive early.



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