

Explore Prevention and Healing's Lesser Known Treatments: Supportive "Underworld" Therapies for Many Conditions

By Simon Yu, MD

Acupuncture Meridian Assessment (AMA) is the foundation of my medical evaluation and designing a treatment plan for each individual patient. I hope you have read my introductory *Welcome Letter* to Prevention and Healing on how to get the most out of my evaluation and treatment plan. I want you to become familiar with how I think, approach and apply. It may seem a little odd or weird at first.

Because of my focus on hidden parasites, fungi and dental problems, most patients come to see me for evaluation expecting possible parasites/fungal/dental problems that might be contributing to their chronic mysterious illness. During the course of my evaluation and treatment, sometimes I do not detect any problems if all meridian systems are balanced, until I apply a more advanced technique.

I named these techniques Operation Open Sesame, also called, Advanced Enhanced Interrogation Technique. My article, "Enhanced Interrogation Technique by a Theoretical Internist," explains why we need a nonempirical approach to measuring the immeasurable subtle energy fields called meridians.

I believe in holistic, integrative medicine, so am pleased to have additional practitioners in my practice who work with patients on energetic balancing, mind/body, counseling, and support therapies. They are Dr. Pingfan Liu, OMD, LAc for acupuncture, and Chaplain Paul Johnson, MDiv for stress assessment.

I use many tools to support my therapies, which include cleansing and detoxification, prescription medications, nutritional supplements, supportive remedies, biological dentist referral, and diet, exercise, lifestyle, and mind/body approaches to become more effective. What is in my lesser known toolbox? Many are located on the lower level of my practice, which I nicknamed "Underworld" Therapies.

Our new staff physician, Naturopathic doctor Dr. Sundeep Tiwade, ND, MS is Chief of Underworld Support Therapies. He or my chief nurse, Barbara Shoykhet, can explain them in more detail. Dr. Sundeep Tiwade will be available to evaluate and create a "circuit" of modalities for your specific conditions. Our arrays of lesser-known therapies, listed below, are organized into a program to support healing and detoxification, reduce inflammation and pain, and promote regeneration and recovery.

Additional Tests (in addition to lab tests)

- BioScan
- Biological Terrain Assessment
- Heart Rate Variability by HeartQuest, MaxPulse or Rifkin
- Heidelberg pH gastric analysis
- Panoramic Dental Digital X-ray
- Thermography for Breast and Face/Jaw

Bioenergetic Therapies

- Battlefield Acupuncture (ear acupuncture)
- Biophoton Therapy (also called Laser/Photon and Photobiomodulation Therapy)
- Frequency Specific Microcurrent (FSM) Therapy
- Hypervibe Vibration Platform
- Low Level Laser Therapy (LLLT)
- IASIS Microcurrent Neurofeedback
- Magnetic Therapy/Physical Vascular Therapy by BEMER
- MORA Color Therapy
- MORA-Nova Bioresonance Biofeedback
- Pulsed Electromagnetic Field (PEMF) Therapy
- QEEG Brain Mapping and Neurofeedback (BrainMaster)
- Renzo's Mirrors

Cleansing and Detoxification (some of these are done at home, with instructions)

- Body Detoxification
- Far Infrared Sauna
- Ionic Foot Bath
- Gallbladder-Liver Flush Program
- Ionic Foot Bath
- Lymphatic Drainage

IV Therapies (Chelation, Medications, Nutrition)

- IV vitamin C, IV vitamins and minerals
- IV DMPS or EDTA Chelation Therapy
- IV UV light/Ozone Therapy
- IV PK protocol by Patricia Kane, PhD
- Insulin Potentiation Therapy (IPT)

Oxidative Therapies

- Bio-oxidative Therapy (ozone, hydrogen peroxide, etc.)
- Eng3 NanoVi Device (for cell repair, reduce oxidative stress)
- Exercise With Oxygen Therapy (EWOT)

In addition, after other therapies to address underlying problems, I offer Stem Cell Treatment, but as a last resort, after other treatments.



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Weaving Internal Medicine with Integrative Medicine to Use the Best Each Has to Offer